

July 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Dead Week	2 Dead Week	3 Dead Week	4 Dead Week	5 Dead Week	6 Dead Week	7 Dead Week
8 Off	9 Conditioning 9-10:30am Kids Camp 5:30-7:30pm	10 Training on Turf 9-10:30am Kids Camp 5:30-7:30pm	11 Kids Camp 5:30-7:30pm	12 Kids Camp 5:30-7:30pm	13 Conditioning 9-10:30am	14 Off
15 Off	16 Conditioning 9-10:30am	17 Conditioning 9-10:30am	18 Training on Turf 6:30-8pm	19 Training on Turf 6:30-8pm	20 Conditioning 9-10:30am	21 Off
22 WMU Team Camp	23 WMU Team Camp	24 WMU Team Camp	25 WMU Team Camp	26 Off	27 Conditioning 9-10:30am Training on Turf 6:30-8pm	28 Off
29 Off	30 Conditioning 9-10:30am	31 Conditioning 9-10:30am Training on Turf 6:30-8pm				

*****THERE WILL BE
NOTHING HELD BY
COACHES DURING
DEAD WEEK *****

Kids Camp

This is our summer camp held by both boys and girls programs. We will need all athletes that are in town at this camp. We had 150 kids there last year. Players will be expected to be there from 5-8pm. **We will still hold our usual conditioning sessions**

WMU Team Camp

Held at WMU Seelye Center/Waldo Stadium. It is an optional camp but highly recommended.